



David University

Sport Education Department

Bachelor Degree Admission Application Course Details

This degree prepares you for a career as a specialist physical education teacher. Responsibilities may include coaching, health and fitness promotion, and sport education for school and community based groups. A broad study of exercise sciences (anatomy, physiology, exercise physiology, biomechanics, kinesiology, motor learning), sport and physical activity, and their application to the teaching of physical education and sport in schools is offered. This degree fosters a positive attitude towards a healthy lifestyle and a willingness to develop these attitudes in the school and the community

Entry Qualifications

1. Senior High School completion or higher
2. Proof of work experience, used for evaluation and approval by the school authorities for entry qualification.

School Hours That Meet Your Time Schedule

In accordance with regulations governing classroom attendance, classes can be planned and scheduled on weekends and National Holidays as not to interfere with student regular working hours.

Further Education application requirements and procedures:

1. Completion of application form
2. Presentation of documents of previous educational achievement (transcripts)
3. After completion of formal school registration, student identity card will be issued.

Future prospects:

The Bachelor of Arts in Physical Education provides a solid foundation preparing you to pursue a variety of careers, from chiropractics to teaching, from recreation leadership to athletic training, and from dance therapy to sports management. Physical Education professionals have a very important role to play in the future of the health of our nations and the world. Occupational opportunities for graduates include: Chiropractor, Physical Therapist, Occupational Therapist, Athletic Trainer, Physical Education Teacher, Fitness Specialist, Personal Trainer, Fitness Director, Recreation Worker, Geriatric Fitness Specialist, Athletic Coach, Exercise Science / Sports Medicine, Sports Management and Health Educator.

Curriculum: BACHELOR IN SPORT EDUCATION

PART 1				
Semester	Code	Course	Type *	Credits
1	BSE12001	Sociology of sport and physical activity	Basic	3
1	BSE12002	Basic motor engines and games	Basic	3
1	BSE12003	Functional human anatomy	Basic	3
1	BSE12004	Sport I	Basic	3
1	BSE12005	First Aid and Resuscitation	Basic	3
1	BSE12006	Physical education: teaching and learning	Basic	3
2	BSE12007	Biomechanics	Basic	3
2	BSE12008	Psychology of physical activity and sport	Basic	3
2	BSE12009	Corporal expression	Basic	3
2	BSE12010	Human Physiology	Basic	3
2	BSE12011	Nutrition for normal training and athletic competition I	Basic	3
2	BSE12012	Fundamentals of team sports ball and Teaching I	Basic	3
Total credits to be completed:				36
PART 2				
Semester	Code	Course	Type *	Credits
3	BSE12013	Computer and information I	Core	3
3	BSE12014	Nutrition for normal training and athletic competition II	Core	3
3	BSE12015	Advanced Biomechanics	Core	3
3	BSE12016	Fundamentals of team sports ball and Teaching II	Core	3
3	BSE12017	Intro to Statistics	Core	3
3	BSE12018	Sports training I	Core	3
3	BSE12019	Physiology Exercise	Core	3
4	BSE12020	Teaching sport and physical activity I	Core	3
4	BSE12021	Fundamentals of team sports ball and Teaching III	Core	3
4	BSE12022	Sports training II	Core	3
4	BSE12023	Statistics applied physical activity and sports	Core	3
4	BSE12024	Statistic controls applied to improvement of sport capabilities	Core	3
4	BSE12025	Computer and information II	Core	3
Total credits to be completed:				39
PART 3				
Semester	Code	Course	Type *	Credits
5	BSE12026	Teaching sport and physical activity II	Core	3
5	BSE12027	Report, analysis, results and improvement performance in athletes	Core	3
5	BSE12028	Management facilities, resources and sports events	Core	3
5	BSE12029	Training, motivation and competition and issues	Core	3
5	BSE12030	Physical activity and quality of life	Core	3
6	BSE12031	Strategic management in sport	Core	3
6	BSE12032	Teaching sport and physical activity III	Core	3
6	BSE12033	Sport, age, sex and retraining	Core	3
6	BSE12034	Physical activity and sport for people with disabilities I	Core	3
6	BSE12035	Sports training and technology I	Core	3
Total credits to be completed:				30
PART 4				
Semester	Code	Course	Type *	Credits
7	BSE12036	Physical activity and sport for people with disabilities II	Core	3
7	BSE12037	Strategy and tactics of sports I	Core	3
7	BSE12038	Sports training and technology II	Core	3
7	BSE12039	Fatigue and recovery in normal training and for athletic competition	Core	3
7	BSE12040	Expressive rhythmic activities and relaxation for health	Core	3
8	BSE12041	Strategy and tactics of sports II	Core	3
8	BSE12042	Water activities and health	Core	3
8	BSE12043	Training strategies and games according to age	Core	3
8	BSE12044	Sport in rural and urban areas	Core	3
8	BSE12045	Physical activity for people with injuries	Core	3
Total credits to be completed:				30
ELECTIVES COURSES				
Semester	Code	Course	Type *	Credits
---	BSE12046	Human resource management in sport organizations	Elective	3
---	BSE12047	Body language and dance entertainment	Elective	3
---	BSE12048	Sports marketing and new trends	Elective	3
---	BSE12049	Planning and Per iodization of Sports Training	Elective	3
---	BSE12050	Digital materials and sport management	Elective	3
---	BSE12051	Sports recreation professional guidance	Elective	3
Total credits to be completed:				18
TOTAL CREDITS TO BE COMPLETED				
Semester	Part	Type *	Credits	
1 & 2	Part 1	Basic	36	
3 & 4	Part 2	Core	39	
5 & 6	Part 3	Core	30	
7 & 8	Part 4	Core	30	
Total credits to be completed:				135

NOTE: (The above information is for reference only is a general description of the degree courses. These may change once the course is in session and reset.)